



# OSOTMG NEWS

VOLUME 2 ISSUE 4

April 2009

\* NEXT MEETING WITH BE 5 MAY 2009, 1100, at WINGS OVER THE ROCKIES. \*

Important  
Frequently Used  
Phone Numbers

**140th Phone #'s**

**Casualty Assist**

720-847-6946

**Family Support**

720-847-9116

**460th Phone #'s**

**RAO** (Retired Activities  
Office)

720-847-6693

**Legal**

720-847-6444

**Other Phone #'s**

**VA**

1-800-827-1000

**TRICARE** (TRIWEST)

1-888-874-9378

**TRICARE for Life**

1-866-773-0404

**Social Security**

1-800-772-1213

**TREA 39**

303-340-3939

## Howdy Duty Time

We really need all of you send us your memories of your time at Buckley for the Howdy Duty. I don't have one for this month so you are stuck with me.

I joined the Air Force to see the world but all I saw was Texas, Ill, and one somewhat exciting place Guam. My daughter was born there. I joined the Air National Guard in Iowa and my unit was kind of close but not like the Comm Flt here in CO. The 140thComm Flt was and still is family. The whole Guard was family back then. I saw more of the world with the guard then I did with the Air Force. After a tour at the Air National Guard Support Center at

Andrews AFB, MD. I worked as a technician in the computer room, with Maj Mitchell & Joanie, when it was in Bldg 801 on the 2<sup>nd</sup> floor. I hurt my back, during the fitness walk/run, which causing my leg to go numb. I was medically discharged after 15 years so I never got to retire from the guard.

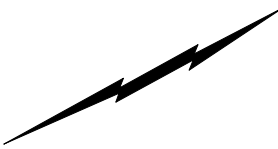
I keep busy with the newsletter and making hats for the Hats for Heroes Program.

Joan Pickens

**A BIG  
THANK YOU!!!!**

Larry & Nancy Smith  
Dan & Sharon Banach  
Ralph & Charlotte Rausch  
Jose & Ros Aguinaga  
Pat Haggerty  
Vern Marshall

## Flash (Hot News)

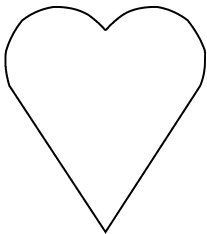


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### LONG TERM CARE INSURANCE

If you would like more information or find out if you are eligible for the "Federal Long Term Care Insurance Program", call 1-800-582-3337.

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Please forgive Jan Love and Joan Pickens for the content of this month's newsletter. We were both a little under the weather and due to medication couldn't seem to get it together this month.

Joan Pickens

**Attendance April**

Elton Baggett	Beatrice VanDeest
Cindy Baggett	Trulan Eyre
Dan Banach	Kenneth Forrest
Bob Barker	Woody Glaser
Harold Brewer	L. Griffith
Dale Bristol	Kristin Haley
Art Bowens	Sy Harjes
Joe Broom	Joe Harnke
Sonja Broom	Dewey Hicks
Jerry Brooks	Vicky Jennings
Tony Burczyk	(Family Support)
Bill VanDeest	Jan Love

**\* 1st Timers**

Tony Lucero	Bill Pickens	Larry Sell
Helen McCabe	Joan Pickens	Arlo Sorheim
Pat McCabe	Judy Pock	Steven Spahr
Maxie Merten	Diana Richards	Harold Taylor
Dave Moos	Lloyd Richards	Doug Teasdale
John Morris	Michelle Rowan	Linda Turner
Bill Musslewhite	Michael Rowan	Paul Turner
D O Neary	Joyce Saitta	Harry Wales
Neysa Neary	Larry Schlager	Harold Zimmerman
Kalyn Nelson	Mike Schnurstein	
Gerrie Pawley	Susan Schnurstein	
Bonnie Phillips	Leo Seeba *	

**SPECIAL ANNOUNCEMENTS: May Memorial Lunch at Wings Over the Rockies****2010 Military Ball**

On behalf of Major General H. Michael Edwards, The Adjutant General of Colorado, and the Soldiers and Airmen of the Colorado National Guard, we extend an invitation to join us for the 150th Birthday Celebration of the Colorado National Guard on Saturday, 23 January 2010. We will begin our 150th Celebration Year with our "Colorado Minuteman Birthday Ball."

Please mark your calendars for 23 January 2010! More information to follow, stay tuned!

May 5th, 2009, 1100 - ?

Guest Speaker: Major General Mike Edwards, CO TAG

Lunch will be provided by: Jim 'n Nick's Bar-B-Q.

The menu will be: BBQ Chicken (each serving is a 1/4 of a chicken) and Pulled Pork BBQ. Baked Beans Creamy Cole slaw, Cheese Biscuits and dessert. Iced Tea, bottled water and coffee is included in the price.

**Taps**

Larry D. Hubner - 7 Apr 09

Clarence M. "Mel" Riemann - 17 Apr 09

**Sick Call****Date Book****May**

5th - OSOTMG Meeting (Memorial Lunch at Wings Over the Rockies)

10th - Mother's Day

16th - Armed Forces Day

25th - Memorial Day

**June**

2nd - OSOTMG Meeting

14th - Flag Day

21st - Father's Day

**July**

4th - Independence Day

7th - OSOTMG Meeting & BBQ

**August**

1st - Colorado Day

4th - OSOTMG Meeting

**September**

7th - Labor Day

8th - OSOTMG Meeting

**October**

6th - OSOTMG Meeting

31st - Halloween

**November**

3rd - OSOTMG Meeting

26th - Thanksgiving

**December**

1st - OSOTMG Meeting

12th - Hanukah begins

21st - First day of Winter

25th - Christmas

26th - Kwanzaa begins

## Committee's Corner

As most of you know I had a knee replacement in January 2009. Here are some things the Drs don't tell you before surgery. The operation itself takes about one hour and a half. I was in the hospital for three days after surgery, and then I was home and setting up all the in home care that was needed. I had talked to the visiting nurse, the PT and then OT came on Sunday to show us how I should take a bath and dress myself. That was when all the fun started.

She didn't like the looks of my leg and had Joan (my wife) call 911. After 6 hours in the ER and because of allergies they put me back in the hospital so they could do a CT scan of my lungs on Monday. They did the scan at 3pm Monday and 4:30pm the Dr told me that I had two blood clots in my lungs, and I would have to take shots of blood thinners & pills to dissolve the clots. At this point you have one Dr telling you not to move and another one wanting you to move so your legs doesn't get stiff. The Dr sent me home three days later and said that it would take about six weeks before the clots would be completely gone. The PT came to the house and we started to work on my range of motion. After a week it was not getting any better so she and the Dr put me back on the hospital so they could break up the scar tissue in my knee. Three more days in the hospital, then back home again. Two days later and I hyper extended my knee so back to the hospital again. This time they broke up scar tissue with a nerve block in my leg and for two days I used a CPM machine set to 120 degree for range of motion.

Since the last hospital stay things have gotten better each day and the leg gets stronger and range is in the mid to high 90's.

Bill Pickens

If you know of **any** past members of the Colorado Air National Guard we haven't reached, please pass along our E-Mail address, [OSOTMG@comcast.net](mailto:OSOTMG@comcast.net) or our mailing address, OSOTMG, 16059 E. Milan Drive, Aurora, CO 80013.

Due to the increase in Identity Theft and compliance with The Privacy Act of 1974, we will not longer be publishing signatures or personal information on the electronic version, on the website.

### Committee Members:

**Jan Love**

303-693-7538

**Bill & Joan Pickens**

303-699-4647

**Paul Turner**

303-366-6770

**D.O. & Neysa Neary**

303-695-8940

**Dewey Hicks**

303-695-8423

**Dale Bristol**

303-364-2575

## Birthdays

Joe Aguinaga  
Lance Barber  
Ron Barron  
Art Bowens  
Tony Burczyk  
Janet Clark  
Karen Dutro  
Richard Fisher  
Sy Harjes  
Rob Harkins  
Bob Herbst  
Steve Jaouen



Darlene Lovisone  
Helen McCabe  
Pat McCabe  
Nancy Prentiss  
Michelle Rowan  
Ronald Rutter  
Joyce Saitta  
Ron Schomber  
Kay Silvrants  
Carole Smith  
Janice Teasdale

## Hats for Heroes

Just a short note about the weekend of 17, 18, & 19 Apr 09. Sonja & Joseph Broom, Joan & Bill Pickens, Dewey Hicks, & Susanna Swank (Joan's Mom) gave out hats to the Army, Navy, & the 140th Wing. The numbers are still being tabulated, so I will report them with the pictures that were taken in next month's newsletter. It was a very busy weekend, but was enjoyable to see all the little ones come get their hats.

Joan Pickens